

# Can ANF Therapy®

# HELP YOU?

ANF Therapy® aims to target the root cause of your health issues. Trusted by medical professionals in over 63 countries, ANF Therapy® has been improving people's quality of life-related to health since 2012.

## DO YOU SUFFER FROM:

- ✓ ACUTE OR CHRONIC PAIN
- ✓ BACK PAIN/SCIATICA
- ✓ MUSCLE AND JOINT PROBLEMS
- ✓ LACK OF MOBILITY
- ✓ MIGRAINE/HEADACHE
- ✓ FATIGUE OR LOW-ENERGY
- ✓ STRESS-RELATED ISSUES
- ✓ DIGESTIVE SYMPTOMS
- ✓ GENERAL UNWELLNESS
- ✓ DIFFICULTY SLEEPING OR INSOMNIA

Then, ANF Therapy® is the right choice.

It works even



**WHEN NOTHING ELSE HELPS!**

*Learn More*



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# ANF TREATMENT

## *What to expect?*

### STEP 1:

#### CONSULTATION

Your therapist identifies the root cause of your symptoms and creates a treatment plan tailored to your needs.

### STEP 2:

#### TARGETED APPLICATION

ANF Devices are applied to targeted areas, working for up to 72 hours to reduce pain and support healing.

### STEP 3:

#### COMMITMENT TO YOUR PLAN

Consistency is key—stick to your treatment plan and attend follow-ups for lasting results.

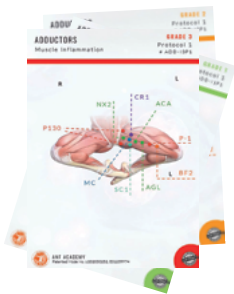
### STEP 4:

#### ONGOING SUPPORT

Your therapist will guide you every step of the way to ensure long-term relief and recovery.

## TIPS FOR YOUR HEALING JOURNEY:

- ✔ STAY HYDRATED TO SUPPORT YOUR BODY'S HEALING.
- ✔ FOLLOW YOUR THERAPIST'S ADVICE FOR THE BEST RESULTS.
- ✔ AVOID SUGAR AND STRESS.



*Studies and Publications*



Click on the QR!

*Patient Results*



Click on the QR!

# TREATMENTS GOALS & PHASES:

Healing is a journey, and your body progresses through distinct phases to restore health and well-being. Each step builds on the previous one, and ANF Therapy® optimises your recovery at every stage.

## PHASE 1: IDENTIFYING INFLAMMATIONS & REDUCING SYMPTOMS

This step targets the root cause of your injury and inflammation. Your therapist assesses your body's systems and creates a personalised treatment plan using ANF Devices, often resulting in rapid pain and symptom relief.

## PHASE 2: ADDRESSING INFLAMMATION & HEALING RESOURCES

We focus on reducing inflammation and supporting natural healing by intensively applying ANF Devices to affected areas. Proper hydration and rest remain crucial for recovery as inflammation decreases and mobility improves. Some patients may notice pain shifting, revealing additional hidden injuries.

## PHASE 3: REGENERATION & STRENGTHENING

Continuing treatment is essential as pain decreases, as your tissues are still undergoing critical healing. ANF Devices support the regeneration and strengthening of damaged tissues during this phase. You'll be guided on incorporating gradual movement and activity to aid recovery while preventing overexertion. Consistency at this stage ensures long-term improvements and optimal tissue repair.

## PHASE 4: MAINTENANCE & PREVENTION

This phase sustains progress and prevents future issues. Periodic ANF Therapy® sessions maintain tissue health, address minor imbalances, and reduce the risk of relapses or new injuries, ensuring long-term well-being.

# HOW TO IDENTIFY *detoxification?*

You may experience detoxification during ANF Therapy®. Detoxification is temporary and part of the healing process.

It is the body's way to optimize function on a cellular level and start the self-healing process.

You may experience:

- ✓ Dry mouth
- ✓ Fatigue
- ✓ Headaches
- ✓ Skin irritation
- ✓ Dizziness and lightheadedness
- ✓ General discomfort
- ✓ Runny nose
- ✓ Nausea
- ✓ Itchiness
- ✓ Mild flu-like symptoms, including shivers



Redness under the ANF Device is common but harmless. If the discomfort lasts more than 24 hours, gently remove the device and reapply it in a nearby spot as indicated in your protocol.

# About

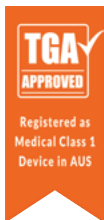
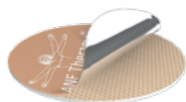
## ANF DEVICES

ANF Devices are soft-layer devices used in ANF Therapy® that are suitable for all ages and offer numerous benefits.

With over 47 unique ANF Devices available, we tailor treatments to help normalize and optimize bodily functions, and neurological, lymphatic, cardiovascular and musculoskeletal systems.

Rest assured, ANF Devices are safe and do not contain or release any harmful substances.

- ✔ WEARABLE MEDICAL DEVICE
- ✔ CAN BE USED FOR UP TO 72 HOURS
- ✔ ANTIBACTERIAL ADHESIVE 3M TAPE
- ✔ NO CHEMICAL OR ORGANIC SUBSTANCE RELEASED
- ✔ EFFECTIVE AND LONG-LASTING RESULTS
- ✔ NO SIDE EFFECTS



ANF Therapy® uses circular ANF Devices which are applied directly on the skin after palpation and assessment by a trained ANF Therapist following the ANF Therapy® Method, Patented Model no. U202030252, ES1259974.

The ANF Therapy®'s purpose is to alleviate injury and pain within minutes. Our aim is that the patient experiences a reduction of pain and swelling, an increase in range of motion, and an improvement in quality of life-related to health.

# WHY CHOOSE ANF THERAPY®?

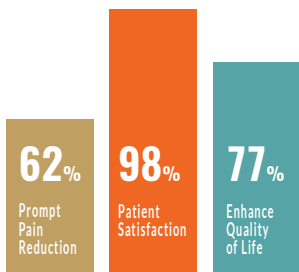


- ✓ **IMMEDIATE RESULTS:**  
Feel relief after the first session.
- ✓ **ROOT CAUSE FOCUS:**  
Targets the source of pain, injuries and complex conditions.
- ✓ **SAFE & NON-INVASIVE:**  
No chemicals or needles are needed.
- ✓ **CUSTOM CARE:**  
Adapted to suit your unique health conditions.
- ✓ **SAFE FOR ALL AGES:**  
Suitable for everyone, from children to seniors.

*Trusted by*

**+350,000**

**WORLDWIDE**



## HELP US HELP OTHERS!

SHARE YOUR JOURNEY WITH ANF

*Google Review*



Click on the QR!

If you've experienced the benefits of ANF Therapy®, help us spread the word by leaving a review!

## CONTACT:

CLINIC: \_\_\_\_\_

THERAPIST: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_